

Using our breath: Transcending our Ego Meeting the Divine

A Shamanic Breathwork<sup>™</sup> Experience May 31, 2014 9 am- 5pm

Facilitated by Joe Doherty, MSW, PhD

a long time Buddhist Practitioner, Joe is also a certified Breathwork Facilitator, a Licensed Psychotherapist, and an Ordained Minister

assisted by Nancy Olson, MA, PCC

Requested Donation; \$80.00

(cash, check or credit card accepted - financial hardship consideration available)

Please bring a light lunch or snack

Unitarian Universalist Congregation of Columbus 7850 W. Goeller Blvd. Columbus, IN 47202



No Experience Necessary: Just an Open Mind and Heart

For More Information About Shamanic Breathwork<sup>™</sup> and this Workshop or to register Please Visit:

www.elementalhealing.org Or Contact: Joe Doherty, PhD (Portland) 503-281-9772

Nancy L Olson, MA, PCC (Indiana) 503-753-8420